

SUPPORT AND PROTECT CAREGIVERS

For many of us and our loved ones, receiving care from empathetic caregivers is essential to thrive. Giving and receiving care holds our society together. But in most states today, working people have [no guaranteed paid family and medical leave](#) or even [paid sick days](#); high-quality [child care](#) and [long-term health care](#) is hard to find and [even harder to afford](#); schools frequently fail to accommodate [pregnant and parenting students](#); and LGBTQIA+ people [face particular challenges in caring for their chosen family members](#). While the Trump administration has [repeatedly claimed to be “pro-family,”](#) it in fact is actively [dismantling the programs and policies](#) that support caregiving by making [huge cuts](#) to health care, [undermining protections](#) for care workers, and [attacking child care and early education programs](#).

Without the supports they need, caregivers are too often pushed out of [school](#) or out of the [workforce](#), undermining their economic security. Meanwhile, the care workforce—early educators, home health care workers, certified nursing assistants, and other professional care workers—who are [predominantly women, and disproportionately Black women, Latinas, and other women of color](#), often are paid poverty wages for doing the work that makes all other work possible.

POLICIES THAT SUPPORT CAREGIVING SUPPORT OUR ECONOMY—AND ARE POPULAR

Investing in care advances the economic security of our families and communities and serves as critical infrastructure for our economy. And it is popular: In a January 2026 poll, for example, more than three-quarters of adults [supported guaranteeing access to affordable, high-quality child care and long-term care](#) for aging and disabled people—and most wanted their elected representatives to do more to ensure access to these supports. Nearly three-quarters (74%) said [providing all workers with access to paid family and medical leave](#) would help them and their families, including 81% of parents with children under 18. Additional polling indicates that making the richest among us pay their fair share in taxes is the way to raise the revenue we need to support caregivers: [Across the country](#), the majority of likely voters in late January and early February 2026 supported taxing wealthy corporations and raising taxes on the wealthiest households.

Policies that will work together to help caregivers and the people they care for thrive include:

- [Increasing families' access to affordable, high-quality child care and early education](#)
- [Boosting families' incomes with refundable tax credits](#)
- [Expanding access to home- and community based services \(HCBS\) and improving jobs for home care workers](#)
- [Guaranteeing paid family and medical leave and paid sick days](#)
- [Promoting fair work schedules](#)
- [Protecting caregivers from discrimination](#)
- [Supporting pregnant and parenting students](#)
- [Raising revenue to support investments in women and families](#)