

Best Practices for Conducting Trauma-Informed Legal Network Consultations



BEST PRACTICES FOR CONDUCTING TRAUMA- INFORMED LEGAL NETWORK CONSULTATIONS

TODAY'S DISCUSSION

- 1) Discuss trauma & its impacts
- 2) Review intake framework
- 3) Identify best practices
- 4) Go over examples and discuss!





SERVES SURVIVORS OF ANY TYPE OF CRIME

From sexual assault to homicide and elder abuse.



FREE, HOLISTIC, TRAUMA- INFORMED LEGAL, ADVOCACY & THERAPEUTIC SERVICES

Working together to increase access to services.



SURVIVOR-DEFINED JUSTICE

There's no "right" way to react to a crime.



Volare





JUST A NOTE

ON LANGUAGE

Survivor v. Intake v. Other

ON CONTENT *

Will be covering case examples

SHORT & LONG-TERM SUPPORT



BEST PRACTICES



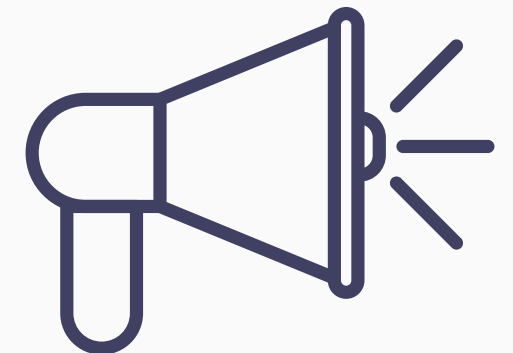
Build Trust &
Rapport



Respectful
approach to
victims



Recognize and
honor the role of
culture in
victimization



Advocate for
victims' choices
and rights





WHAT IS TRAUMA?

"EXPERIENCING TOO MUCH, TOO FAST, TOO SOON IN SUCH A WAY THAT ONE'S ABILITY TO COPE IS OVERWHELMED. LEAVING ONE FEELING POWERLESS, OUT OF CONTROL AND/OR SEVERELY DISCONNECTED FROM ONE'S SELF, FAMILY, COMMUNITY, AND/OR BELIEFS."

~ SANDRA BLOOM, MD

TRAUMA PHASES

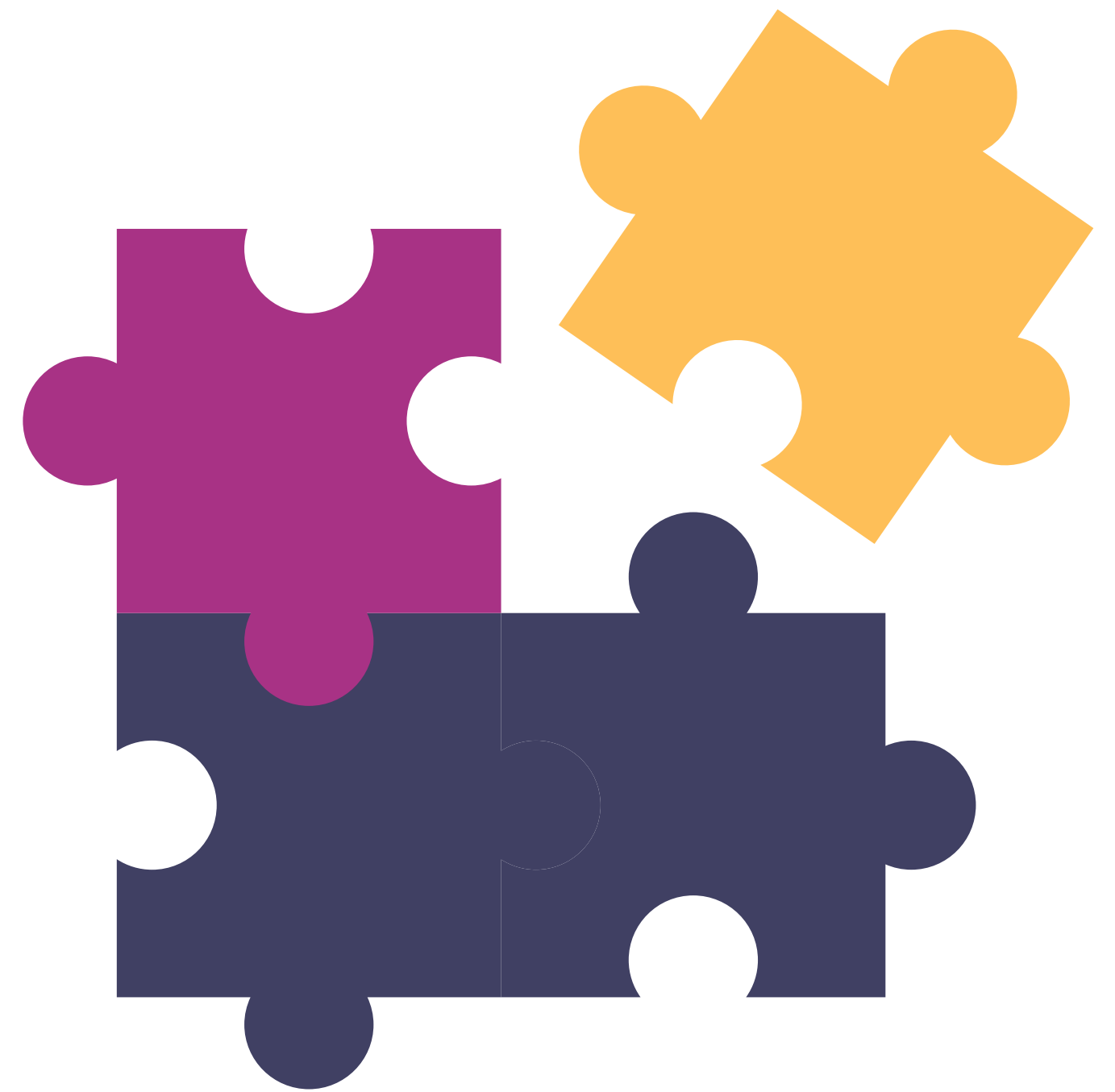


THE INITIAL CRISIS



THE CRISIS REACTION:

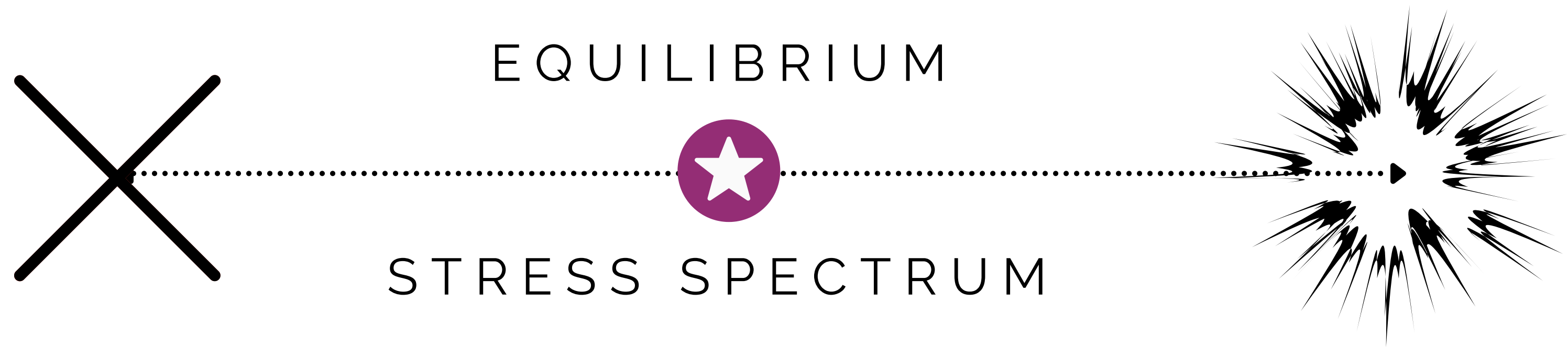
STRESS



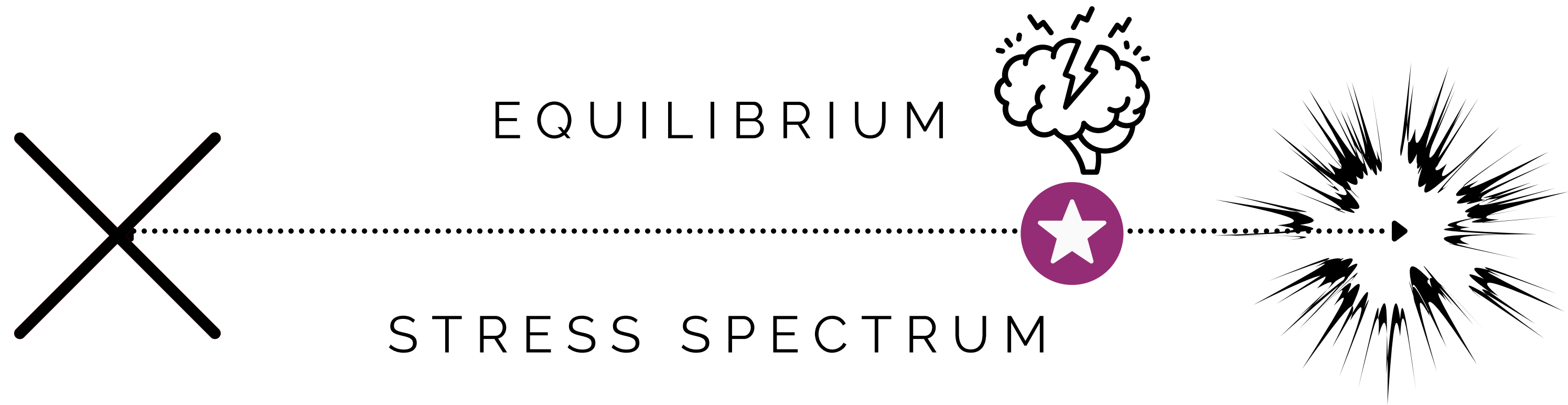
THE CRISIS REACTION



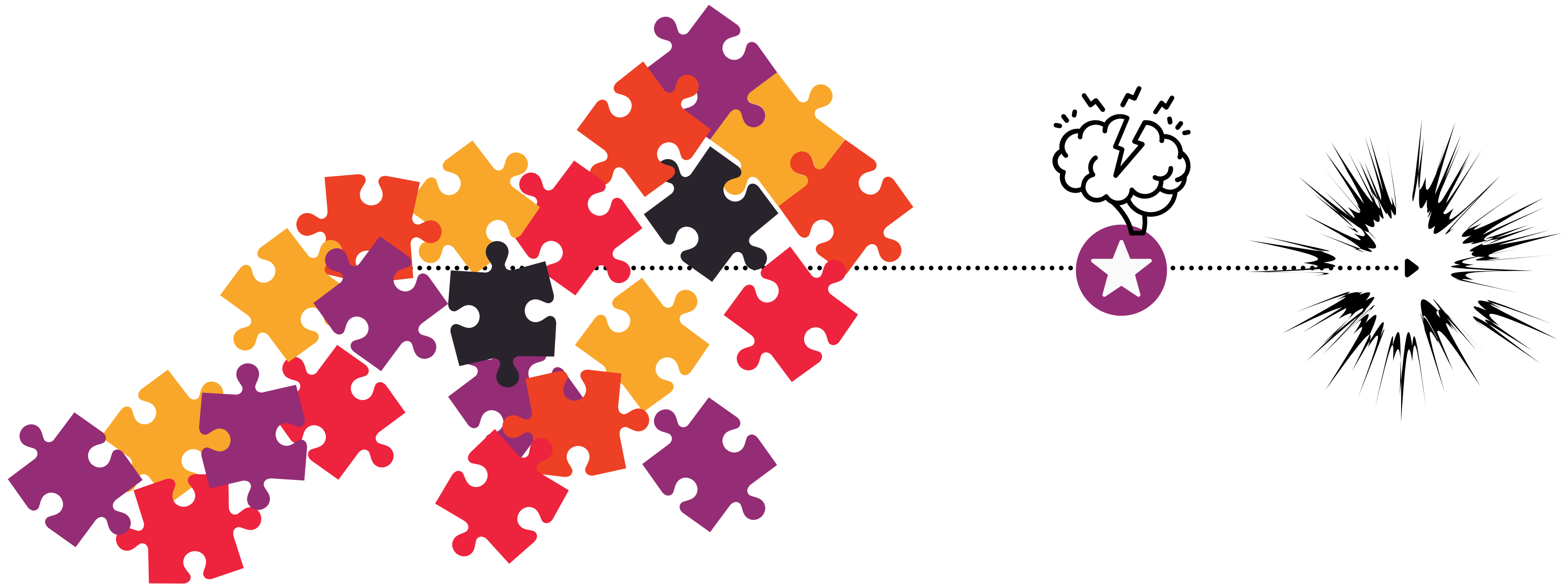
THE CRISIS REACTION: STRESS



THE CRISIS REACTION: TRAUMA



THE CRISIS REACTION: TRAUMA



TRAUMA PHASES



INITIAL CRISIS



LONG-TERM STRESS
REACTION





LONG-TERM STRESS REACTION

RE-EXPERIENCING THE EVENT

ACTUAL OR IMAGINED



Objective 2:

The Intake Framework

The Intake Purpose

WHAT ARE THE SURVIVOR'S
GOALS FOR THE INTAKE?

HOW DOES THAT IMPACT THE
PURPOSE OF THE INTAKE?

DO THEY WANT TO KNOW ABOUT A
PROCESS?

DO THEY WANT TO KNOW IF THEY
HAVE A VALID CLAIM?





TRAUMA-INFORMED INTERVIEW FRAMEWORK

BEFORE

- 1) SET AN AGENDA
- 2) MAKE IT STANDARD
- 3) IDENTIFY CONCERNS & COMFORT
(VIRTUAL V. PHONE)
- 4) CREATE CHOICE



TRAUMA-INFORMED INTERVIEW FRAMEWORK

DURING

- 1) EXPLAIN WHY
- 2) ASK PERMISSION
- 3) BE CLEAR
- 4) MIND THE QUESTIONS



EMPATHY



VALIDATION TECHNIQUES



TRAUMA- INFORMED LANGUAGE



TRAUMA-INFORMED INTERVIEW FRAMEWORK

AFTER

- 1) REVIEW
- 2) TALK NEXT STEPS
- 3) EXPRESS THANKS



Objective 3:

Best Practices

PRACTICE TIPS

Empower (opportunities for choice)

Roadmapping

Grounding Strategies

Healthy Boundaries in the Attorney/Client Relationship

Active Listening

Check Assumptions



Objective 4:

Examples

HOW TO EMPATHETICALLY SET BOUNDARIES AROUND CLIENT COMMUNICATION:

You get an intake. You quickly realize that the claim falls outside the statute of limitations. You've tried to explain that but the survivor you're speaking to keeps interrupting you. They're saying they don't understand why you can't help them and are also talking about the challenges they've been facing in their life (housing, food access, etc). They've been talking for 30 minutes. What do you do?



HOW TO RECOMMEND SUPPORT OUTSIDE OF LEGAL REPRESENTATION:

The intake I am doing doesn't seem to have any valid legal claims. How do I recommend mental health support or a similar type of resource instead?



STRIKING THE BALANCE BETWEEN LEGAL ETHICS AND CLIENT COMFORT:

How should I advise clients when they want third parties (i.e. spouse, partner, parent etc.) to sit in on the consultation?



QUESTIONS?



**Join the Legal Network
for Gender Equity
(and invite others)!**



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social media!**



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