

Best Practices for Conducting Trauma-Informed Legal Network Consultations

PRESENTERS



NAIDA HENAO
(she/her/ella)
Head of Engagement,
Volare

Naida Henao (she/her/ella) is a passionate advocate and the Head of Engagement at Volare (formerly the Network for Victim Recovery of DC), where she has dedicated her career to empowering survivors of crime. Since joining Volare in 2016 as a Bilingual Staff Attorney, Naida has been a fierce champion for justice, representing survivors in critical legal matters, including criminal cases, civil protection orders, and Title IX proceedings on college campuses. Her commitment to advocacy quickly propelled her into the role of Strategic Advocacy Counsel in 2017, where she skillfully merged her legal expertise with legislative advocacy. Naida has played a pivotal role in introducing and promoting key legislative initiatives before both the DC Council and the U.S. Congress, amplifying the voices of those she serves at the highest levels of government.

As Head of Engagement, Naida now leads Volare's legislative efforts while also enhancing access to justice for survivors through innovative programs. She collaborates closely with a dynamic team to coordinate the organization's Pro Bono Program and spearhead fundraising, outreach, and communications initiatives. Naida is also a sought-after trainer, sharing her knowledge on victimization and trauma with diverse audiences, including attorneys, law enforcement, nonprofit professionals, and community members.

Before her impactful work at Volare, Naida honed her legal skills as a law clerk for the Honorable Timothy Lydon at the Mercer County Superior Courthouse, Criminal Part. She earned her Juris Doctor from American University's Washington College of Law in 2014 and holds a Bachelor's degree from DePaul University, awarded in 2011. Naida's unwavering dedication to survivors and her expertise in advocacy continue to inspire change and foster resilience in the communities she serves.

12 June 2025

3:00 PM – 4:30 PM ET



BENNY DEL CASTILLO
(she/they)
Engagement Manager,
Volare

Benny Del Castillo (she/they) is the Engagement Manager at Volare. In this role, Benny provides programmatic support for the Engagement team, primarily focusing on community and client engagement in order to increase access to services as well as create further space for survivor healing and justice.

Prior to this role, Benny was a Bilingual Advocate at Volare, responding to the hospital providing support for sexual assault survivors and providing case management to all crime victims such as domestic violence and homicide survivors. Benny has worked in the field of power-based violence response and prevention beginning in college and has worked at a domestic violence safe house, hotline, and roles focused on education, advocacy and outreach. Currently, Benny has her LICSW and is a practicing trauma therapist, primarily working with sexual assault survivors.

She obtained her Bachelor's degree in Women and Gender Studies from Rutgers University and her Masters in Social Work from the University of Maryland in Baltimore.