REPRODUCTIVE RIGHTS & HEALTH
STATES TAKE ACTION TO STOP DISCRIMINATION AGAINST WOMEN FOR THEIR REPRODUCTIVE HEALTH CARE DECISIONS

Across the country, employers are discriminating against their employees because they disagree with their employees’ personal reproductive health care decisions. Women are being punished, threatened, or fired for having an abortion, using birth control, or undergoing in vitro fertilization in order to get pregnant, or for having sex without being married. It is unfair that a person would be fired or discriminated against because of a decision about whether to prevent pregnancy or start a family.

Fortunately, states have begun to step forward to protect employees, introducing legislation to make it clear that bosses cannot take adverse action against or harass an employee because of their personal reproductive health care decision.

EMPLOYERS ARE DISCRIMINATING AGAINST THEIR EMPLOYEES FOR THEIR PERSONAL REPRODUCTIVE HEALTH DECISIONS.

Women remain at serious risk of workplace discrimination based on their reproductive health decisions.

Employers are discriminating against women for seeking to prevent pregnancy and threatening to fire workers for using birth control.

- In 2012, politicians in Arizona revised a long-standing law requiring insurance coverage of birth control to make it easier for a boss to penalize an employee for using it.¹
- After Wisconsin passed a law in 2009 requiring insurance plans to cover birth control, the Madison Catholic Diocese warned employees that if they took advantage of the benefit, they could face termination.²

Employers are firing women for pursuing pregnancy through the use of assisted reproductive technology.

- Christa Dias, an unmarried teacher for two schools with the Archdiocese of Cincinnati, Ohio, was fired after she became pregnant through artificial insemination.³
- Kelly Romenesko was fired from her seven-year job teaching French because she and her husband used in vitro fertilization to become pregnant.⁴
- Emily Herx was fired from her teaching job in Indiana for using in vitro fertilization. According to a local paper, Herx wrote a letter to school officials after being informed of her firing in which she lamented being forced to choose between keeping her job and starting a family.⁵
Employers are firing women for having sex outside of marriage.

• Christine John, a kindergarten teacher in Michigan, was called into a meeting with school officials. They asked why she was four months pregnant when she was married only two months before. John says that officials told her that premarital sex is strictly forbidden by the school and that her services were no longer needed.6

• In 2014, after an anonymous letter revealed her pregnancy, unmarried middle school teacher Shaela Evenson was fired by a school district in Montana for having sex outside of marriage. She was fired despite her ten-year career at the school and the fact that the principal called her an “excellent teacher.”7

• After revealing her pregnancy, preschool teacher Michelle McCusker was fired from a New York school for becoming pregnant outside of marriage.8

Employers are firing women for taking time off to seek abortion care.

• Nicole Ducharme was fired from her job as a bartender and server in Louisiana in 2017. She told her manager that she was pregnant and needed two days off to have an abortion, but was fired on the day of the procedure.9

These women were dedicated to their jobs and fully qualified for their positions. It is unfair that they – or any person – would be fired simply because of their decisions related to their reproductive health, including how to start a family.

DISCRIMINATION BASED ON REPRODUCTIVE HEALTH DECISIONS MAY FALL INTO GAPS IN EXISTING LAWS.

Many state and federal laws – particularly those that protect against discrimination on the basis of sex or pregnancy – offer protections against reproductive health discrimination. For example, a recent federal district court decision clarified that the federal Pregnancy Discrimination Act includes abortion, and that a woman “terminated from employment because she had an abortion was terminated because she was affected by pregnancy.” 10 And recent guidance from the agency that interprets and enforces the federal law prohibiting sex and pregnancy discrimination in employment states that this law “necessarily includes a prohibition on discrimination related to a woman’s use of contraceptives.”11

Yet, narrow or erroneous decisions by courts and officials have created loopholes in the existing laws that leave women without a legal remedy when they face discrimination for their reproductive health decisions.

• A federal court in Michigan in 2001 held that firing an employee for taking time off work in order to undergo fertility treatment was not pregnancy discrimination under federal law because infertility is not part of “pregnancy, childbirth, or related medical conditions.”12

• In the case of Kelly Romenesko, who was fired for using in vitro fertilization, an investigator for the state’s agency charged with enforcing anti-discrimination laws upheld her termination. The agency said that she had not been fired for becoming pregnant, which would have been illegal, but for undergoing in vitro fertilization, which was not protected under state law.13

State laws must make it clear that an employer cannot ask an employee to choose between a job and decisions about whether, when, or how to start a family.

STATE LEGISLATORS ARE STEPPING IN TO ENSURE THAT NON-DISCRIMINATION LAWS EXPLICITLY PROTECT REPRODUCTIVE HEALTH DECISIONS

States across the country – including California, Delaware, Hawaii, Illinois, Iowa, Maine, Michigan, Missouri, New York, North Carolina, Ohio, Oklahoma, Texas, Virginia, Washington, and Wisconsin – and the District of Columbia have considered bills to protect employees from discrimination based on their reproductive health decisions.

These important anti-discrimination protections have been enacted in the District of Columbia14 and Delaware,15 as well as in New York City16 and St. Louis.17

This commonsense policy enjoys widespread support from voters. A 2019 poll by the National Women’s Law Center found that 87% of voters support lawmakers working to make sure women can’t be fired or discriminated against because of their reproductive health decisions. This included support across party lines and across geographic areas.
In this current climate of attacks on reproductive health care, an explicit protection against employment discrimination based on reproductive health decisions is needed more than ever. No person should have to worry about losing their job because of their reproductive health decisions.

2. See Doug Erickson, Wisconsin Diocese Offers Birth Control Insurance, but Warns Employees Not to Use It, WCFCOURIER.COM (Aug. 10, 2010, 8:00 PM), http://wcfcourier.com/news/local/wisconsin-diocese-offers-birth-control-insurance-but-warns-employees-not-to/article_0b904262-4-43e4-4-1df-bde9-9011cc0120e0.html.
13. See Redden & Liebelson, supra note 7.