Affordable, high-quality child care enables parents to work so they can support their families, and helps give children the early learning experiences they need to succeed in school. Yet many families, particularly low-income families, cannot afford child care on their own. The federal Child Care and Development Block Grant (CCDBG) program provides assistance to low-income families to help them with their child care costs. However, gaps in child care assistance policies—which are determined by states within federal parameters—leave many families without the help they need.

- **Low state income eligibility limits prevent many families from even qualifying for child care assistance.** In 2017, a family with an income above 150 percent of poverty ($30,630 a year for a family of three) could not qualify for assistance in 15 states. A family with an income above 200 percent of poverty ($40,840 a year for a family of three) could not qualify for assistance in 36 states.1 Yet, in most communities across the country, a family needs an income equal to at least 200 percent of poverty to meet its basic needs, including housing, food, child care, transportation, health care, and other necessities, according to a study by the Economic Policy Institute.2

- **Even if families are eligible for child care assistance, they may not necessarily receive it.** Twenty states had waiting lists or frozen intake (turned away eligible families without adding their names to a waiting list) for assistance in 2017.3 In a number of states, these waiting lists are quite long—nearly 29,000 children in Florida, over 24,000 children in Massachusetts, approximately 26,600 children in North Carolina, and nearly 41,600 children in Texas, as of early 2017.4 Studies show that many families on waiting lists struggle to pay for reliable, good-quality child care as well as other necessities, or must use low-cost—and frequently low-quality—care. Some families cannot afford any child care, which can prevent parents from working.5

- **In many states, families receiving child care assistance are required to pay high copayments.** In 29 states, the copayment for a family of three at 150 percent of poverty was above 7.2 percent of income ($184 per month)—the average percentage spent on child care nationally among families who pay for child care—in 2017; in one additional state, a family at this income level was not eligible for child care assistance. In 12 states, the copayment for a family of three at 100 percent of poverty was above 7.2 percent of income ($123 per month) in 2017.6 High copayments can create a significant financial strain for families or may discourage families from participating in the child care assistance program.

- **Most states have low payment rates for child care providers serving families receiving child care assistance.** Only two states set their payment rates at the federally recommended level (the 75th percentile of current market rates, which is the rate designed to give families access to 75 percent of the providers in their community) in 2017.7 In a number of states, payment rates were significantly below the 75th percentile of market rates. In 31 states, payment rates for center care for a four-year-old were at least 20 percent below the 75th percentile of market rates for this type of care. In 23 states, payment rates for center care for a one-year-old were at least 20 percent below the 75th percentile of market rates for this type of care.8 Inadequate payment rates deprive providers of the resources needed to offer high-quality care and may discourage high-quality providers from enrolling families who receive child care assistance.
• **Even payment rates for higher-quality care are insufficient.** Forty-one states had higher payment rates for higher-quality care (tiered rates) in 2017.\(^7\) However, in over two-thirds of these states, even the higher rates were below the federally recommended level in 2017. Without a significant rate differential for higher-quality care, providers are not able to cover the additional costs involved in raising quality—including expenses for additional staff in order to reduce child-staff ratios, increased salaries for staff with advanced education in early childhood development, staff training, facilities upgrades, and/or new equipment and materials.

• **Parents searching for work are often unable to qualify for child care assistance.** Forty-nine states allowed families receiving child care assistance to continue receiving it for at least some amount of time while a parent searched for a job in 2017. Yet only 11 states allowed families to qualify for and begin receiving child care assistance while a parent searched for a job in 2017.\(^9\) Parents unable to receive child care assistance while searching for a job must scramble to find child care once they get a job, and may not be able to keep their child in the same stable child care arrangement during the job search.

• **Without significant additional federal and state investments in child care, these gaps in child care assistance policies could grow in coming years.** The Child Care and Development Block Grant Act of 2014, which reauthorized the major federal child care assistance program, makes important changes to the CCDBG program intended to improve the health and safety of child care, enhance the quality of care, and make it easier for families to obtain and retain child care assistance. Yet the law was not accompanied by substantial new resources to cover the additional costs entailed in meeting its new requirements. Unless additional funding is provided, states will struggle to implement the law while also improving important policy areas not directly addressed by the law and providing child care assistance to more—not fewer—children and families.

For more information, see the National Women’s Law Center report, *Persistent Gaps: State Child Care Assistance Policies 2017*.

---


