Title IX Still Applies: Gender Equity in Athletics During Difficult Economic Times

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In difficult economic times, educational institutions at all levels face tight budgets. As a result, some schools may make grueling decisions to cut athletic opportunities or benefits, ranging from delaying the purchase of new uniforms to reducing the number of scheduled games to totally eliminating certain teams. When making these hard choices, it is important for schools to remember that if they cut any athletic opportunities or benefits, they must do so in a way that does not discriminate on the basis of sex in violation of Title IX of the Education Amendments of 1972—that is, any cuts must not exacerbate existing gender inequities or create new ones.

Some Institutions Are Making Girls Bear More of the Burden of Smaller Budgets

Some educational institutions may not understand their obligations under Title IX and impose a greater burden on girls when cutting athletic opportunities or benefits. For example:

• In an effort to save money, state high school athletic associations in Delaware, Florida, and Nevada implemented cuts in the number of games scheduled for most teams. But these associations specifically spared football from any cuts, thus imposing more of the burden of the economic crisis on girls.¹

• While the Florida High School Athletic Association reversed its scheduled cuts after parents sued claiming the Association’s decision violated Title IX, among other laws, individual school districts like Broward County publicly stated that they would nonetheless limit their games as originally proposed, thereby disproportionately disadvantaging female students.²

Compliance with Title IX Is Essential to Ensure That Girls and Women Are Treated Fairly in Sports

Under Title IX, institutions cannot discriminate on the basis of sex in opportunities to play sports or athletic benefits and services.³ Nevertheless, female students at both the high school and college levels nationwide have fewer chances to play sports than male students do, and they are often not treated equally in terms of the benefits and services that they receive when they do play. Women and girls of color are especially likely to face barriers to play.

• At the typical Division I-FBS college, women represent 53% of the student body, yet they receive only 46% of the participation opportunities, 28% of the total money spent on athletics, 42% of the total athletic scholarship dollars, and 31% of recruiting dollars.⁴

• Women of color make up 25% of the female student population at NCAA schools, yet they receive only 15% of the total female athletic opportunities. Comparatively, white females make up 69% of the female student population and receive 77% of the total female athletic opportunities.⁵
• At the high school level, girls represent half of the student body but only about 41% of all athletes, and they often face unequal treatment in areas such as equipment, facilities, coaching, and publicity.
• Girls of color are less likely to be athletes than white girls. Specifically, 36% of African American girls, 36% of Hispanic girls, and 47% of Asian American girls were non-athletes, compared to 24% of white girls.

Title IX Requires That Male and Female Students Be Provided with Equal Opportunities to Play Sports

The Department of Education has established a three-part test for determining whether male and female students are provided with equal opportunities to play sports, and this test applies to both high school and college athletics programs. A school can meet the requirement of providing equal opportunities to play if it can demonstrate any one of the following:

Prong 1: The percentages of spots on teams allocated to males and females are substantially proportionate to the percentages of male and female students enrolled; or

Prong 2: It has a history and continuing practice of expanding athletic opportunities for the underrepresented sex; or

Prong 3: Its athletics program fully and effectively accommodates the interests and abilities of the underrepresented sex.

Title IX Requires That Male and Female Athletes Receive Their Fair Shares of Athletic Scholarship Money

Title IX requires that the percentages of athletic scholarship money awarded to male and female athletes should be within one percent of their respective participation rates, unless an institution can show why a bigger gap is not discriminatory.

Title IX Requires That Male and Female Athletes Receive Equal Athletic Benefits and Services

Under Title IX, male and female athletes must be treated equally overall in the benefits and services they receive, including, but not limited to: equipment and supplies; scheduling of games and practice times; travel; coaching; locker rooms; practice and competitive facilities; and publicity. Equal treatment in these and other areas must be provided regardless of the source of funding. In other words, schools cannot provide better facilities or uniforms for boys’ or men’s teams because outside, private sources pay for the better treatment. All the funds and in-kind contributions that a team receives, regardless of their source, are subject to Title IX’s requirements.

Institutions Must Comply with Title IX If They Choose to Make Cuts in Their Athletics Programs

If a school decides to reduce athletic participation opportunities or benefits for its students, it must ensure that any such cuts do not discriminate against girls and women in violation of Title IX.

The first step is for a school to assess whether it currently provides equal athletic opportunities and benefits to its male and female students. If members of one sex are not treated equally, then any cuts to their opportunities or benefits are likely to aggravate the existing inequality and violate Title IX. If members of both sexes are currently treated equally, then disproportionate cuts to one group’s opportunities or benefits could create an inequality and violate Title IX. The following examples help illustrate this point:

• High School A has a student body that is 50% male and 50% female. The school has not added any girls’ teams in the last 10 years and allocates 60% of the slots on teams to boys and 40% to girls. In order to save money, High School A elects to cut the girls’ and boys’ lacrosse teams. Because High School A is not in compliance with Title IX’s three-part participation test before any cuts are implemented, instituting the proposed cuts will only add to the existing inequality, even though the cuts may appear to treat girls and boys equally. Therefore, High School A’s cuts would violate Title IX.

• College B decides that it cannot afford to provide as many benefits and services to its athletes as it has in previous years, so it chooses to cut back on benefits in the areas of travel, equipment, and publicity for all teams except football, whose players constitute 30% of all male athletes. This decision disadvantages a greater percentage of women (100% of female athletes) than men (70% of male athletes) and would violate Title IX.
• High School C, which provides equal benefits and services to its girls’ and boys’ teams, decides that due to budget woes, it will not install lights and batting cages for its softball and baseball fields as it had planned. An outside donor informs the school that it will contribute these amenities for the baseball field. If High School C allows the donor to do this without finding a way to provide the same benefits to the softball team, it would be in violation of Title IX. While schools may accept gifts and other outside funding or support for their athletics programs, they are responsible for treating their male and female athletes equally and may not evade this responsibility by pointing to outside sources as the cause of unequal treatment.

Are you concerned about sports inequities at your school? Call NWLC @ 1.855.HERGAME

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8 National Women’s Law Center & The Poverty & Race Research Action Council, supra note 5, at 5.
11 Chalenor v. Univ. of N.D., 291 F.3d 1042, 1048 (8th Cir. 2002).