State Bans on Insurance Coverage of Abortion Are Sweeping the Nation, Endangering Women’s Health and Taking Health Benefits Away from Women

During the health care reform debates in Congress, insurance coverage of abortion came under unprecedented attack. Fortunately, attempts at the federal level to effectively ban insurance coverage of abortion in private plans failed. However, the health care law explicitly allows states to pass laws banning private insurance coverage of abortion in any exchange set up in their state.\(^1\) Unfortunately, states have wasted no time taking up this opportunity to attack women’s health.

Fourteen states (Arizona, Florida, Idaho, Indiana, Kansas, Louisiana, Mississippi, Missouri, Nebraska, Ohio, Oklahoma, Tennessee, Utah, and Virginia) have enacted laws prohibiting insurance coverage of abortion in state exchanges.\(^2\) Six of those states – Idaho, Kansas, Missouri, Nebraska, Oklahoma, and Utah\(^3\) – go even further and reach all plans in the state, banning insurance coverage of abortion in plans outside the exchange as well. An additional two states – Kentucky and North Dakota – do not explicitly mention the exchange, but also prohibit insurance coverage of abortion in all private health insurance plans.\(^4\)
This means that in sixteen states, a woman will not be allowed to use her own private money to purchase an exchange-based health plan that covers abortion services, and also may not be able to purchase a plan that provides insurance coverage for abortion at all. Most of these state laws contain exceptions for only the most extreme situations, such as when a woman’s life is endangered or when the pregnancy is a result of rape or incest, but two states – Louisiana and Tennessee – do not allow a woman in even those difficult or life-threatening circumstances to obtain insurance coverage of abortion.

A wave of bills prohibiting insurance coverage of abortion is sweeping the states in 2012. So far, five states (Alabama, Michigan, South Carolina, South Dakota, and West Virginia) are considering bills prohibiting abortion coverage in all private insurance plans in the state, including those that will be offered in exchanges established in the state. Eight states (Georgia, Iowa, Maryland, New Jersey, Pennsylvania, South Carolina, Virginia and Wisconsin) are considering bills banning abortion coverage in exchanges established in the state. One bill would prohibit insurers from offering coverage of abortion in any circumstance; only two bills contain limited exceptions for a woman’s health; and no bill allows for insurance coverage of abortion in the case of fetal anomaly.

**Bans on Insurance Coverage of Abortion are Dangerous to Women’s Health**

Almost all of the bills prohibit insurance coverage for abortions that would protect women from serious, permanent, and even life-shortening health conditions. For example, a woman for whom continuing the pregnancy will result in permanent damage to her health, such as damage to her heart, lungs, or kidneys, or a pregnant woman who is diagnosed with cancer and must undergo chemotherapy will not have insurance coverage for these medically necessary abortions. In addition, some women without insurance coverage of abortion will be forced to postpone abortion care while attempting to find the necessary funds. Although abortion is an extremely safe procedure, delays in obtaining care increase the health risks of the procedure.5

**Bans on Insurance Coverage of Abortion Take Benefits Away from Women and Move the Country in the Wrong Direction**

Since most insurance plans cover abortion,6 bans on insurance coverage of abortion represent a radical departure from the status quo that will result in women losing benefits they currently have. Government should be focused on protecting and expanding people’s access to health care, not imposing new barriers and restrictions to health services.

**Bans on Insurance Coverage of Abortion Punish Women**

If women are unable to access insurance coverage for abortion, they may face high out-of-pocket costs for these services. On average, women already have lower incomes than men and therefore have greater difficulty paying premiums, are more likely than men to have higher out-of-pocket health care expenses, and use more health care services than men.7 Bans on insurance coverage of abortion only worsen these barriers women face.

**Offering Supplemental Insurance Coverage for Abortion Only Further Encourages the End of All Private Insurance Coverage of Abortion**

Some bans on insurance coverage of abortion allow insurance companies to offer supplemental coverage for abortion. However, existing data shows that supplemental coverage for abortion is unworkable and does not provide a genuine option for coverage.8 Obtaining supplemental coverage for a specific procedure is impractical and undermines the purpose of health insurance.
Moreover, most of the pending bills that allow supplemental coverage for abortion impose new restrictions on insurers and employers who might want to offer supplemental coverage, essentially guaranteeing that it will never exist. This further ensures that a woman will be without any option for purchasing comprehensive health insurance that includes coverage of abortion.

Bans on insurance coverage for abortion are dangerous to women’s health, take away access to health benefits that most women already have, and reflect an effort by state politicians to punish private health decisions and private health insurance, with the ultimate goal of further restricting access to abortion. At a time of severe state budget crises, state politicians should be focused on more pressing and urgent priorities.

4 KY. REV. STAT. ANN. § 304.5-160; N.D. CENT. CODE § 14-02.3-03.