



## Social Security: Vital to Washington Women and Families

## Social Security is a family insurance plan that provides retirement benefits and life and disability insurance to Washington's working families.

- About 1 in 6 residents about 1,089,900 people receives disability, survivor, and/or retirement benefits from Social Security.
- 91 percent of residents 65 and older receive Social Security benefits.
- About 72,800 children receive Social Security benefits because of the loss of a parent's income due to death, disability or retirement.
- About 192,200 disabled workers and their family members receive Social Security benefits.
- About 80,000 widowed spouses receive Social Security survivor's benefits. (Nationally, women represent virtually all (99 percent) of spouses receiving survivor benefits.)

## Washington women depend on modest Social Security benefits to get by.

- Women are a majority of both adult beneficiaries and beneficiaries 65 and older.
- The average Social Security benefit for women 65 and older is about \$12,400 per year, compared to about \$16,500 for men 65 and older.
- Older women rely more on income from Social Security than older men do. Median income for women 65 and older living alone is \$18,200 per year – and Social Security represents 72 percent of that amount. Median income for comparable men is \$27,500 – and Social Security represents 48 percent of that amount.

## Social Security is a critical anti-poverty program for Washington women and families.

- Social Security lifted 312,000 residents out of poverty, including 14,000 children.
- Social Security dramatically reduced poverty rates for women 65 and older: from 43 to 10
  percent for all women 65 and older, and from 63 to 16 percent for older women living alone.

**Sources**: Social Security Administration, Annual Statistical Supplement to the Social Security Bulletin, 2010, *available at* http://www.ssa.gov/policy/docs/statcomps/supplement/, and OASDI Beneficiaries by State and County, 2010, *available at* http://www.ssa.gov/policy/docs/statcomps/oasdi\_sc/2010/index.html. Calculations of Social Security's share of median income and impact on poverty based on U.S. Census Bureau, Current Population Survey (CPS), Annual Social and Economic Supplement (2007-2010, averages over 3 or 4 years depending on sample size) (using CPS Table Creator II, *available at* http://www.census.gov/hhes/www/cpstc/apm/cpstc\_altpov.html).