

## Social Security: Vital to District of Columbia Women and Families

**Social Security is a family insurance plan that provides retirement benefits and life and disability insurance to District of Columbia's working families.**

- About 1 in 8 residents – about 73,200 people – receives disability, survivor, and/or retirement benefits from Social Security.
- 73 percent of residents 65 and older receive Social Security benefits.
- About 6,500 children receive Social Security benefits because of the loss of a parent's income due to death, disability or retirement.
- About 13,800 disabled workers and their family members receive Social Security benefits.
- About 5,500 widowed spouses receive Social Security survivor's benefits. (Nationally, women represent virtually all (99 percent) of spouses receiving survivor benefits.)

**District of Columbia women depend on modest Social Security benefits to get by.**

- Women are a majority of both adult beneficiaries and beneficiaries 65 and older.
- The average Social Security benefit for women 65 and older is about \$11,300 per year, compared to about \$13,700 for men 65 and older.
- Older women rely more on income from Social Security than older men do. Median income for women 65 and older living alone is \$19,200 per year – and Social Security represents 47 percent of that amount. Median income for comparable men is \$29,600 – and Social Security represents 32 percent of that amount.

**Social Security is a critical anti-poverty program for District of Columbia women and families.**

- Social Security lifted 24,000 residents out of poverty, including 2,000 children.
- Social Security dramatically reduced poverty rates for women 65 and older: from 42 to 17 percent for all women 65 and older, and from 42 to 17 percent for older women living alone.
- Social Security also reduced the poverty rate for African-American women 65 and older from 48 to 22 percent.

**Sources:** Social Security Administration, Annual Statistical Supplement to the Social Security Bulletin, 2010, *available at* <http://www.ssa.gov/policy/docs/statcomps/supplement/>, and OASDI Beneficiaries by State and County, 2009, *available at* [http://www.ssa.gov/policy/docs/statcomps/oasdi\\_sc/2009/index.html](http://www.ssa.gov/policy/docs/statcomps/oasdi_sc/2009/index.html). Calculations of Social Security's share of median income and impact on poverty based on U.S. Census Bureau, Current Population Survey (CPS), Annual Social and Economic Supplement (2007-2010, averages over 3 or 4 years depending on sample size) (using CPS Table Creator II, *available at* [http://www.census.gov/hhes/www/cpstc/apm/cpstc\\_altpov.html](http://www.census.gov/hhes/www/cpstc/apm/cpstc_altpov.html)).