

2010 Women's Health Report Card: *Are We Moving in the Right Direction?*

National Women's Law Center
Oregon Health & Science University

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Today's Speakers



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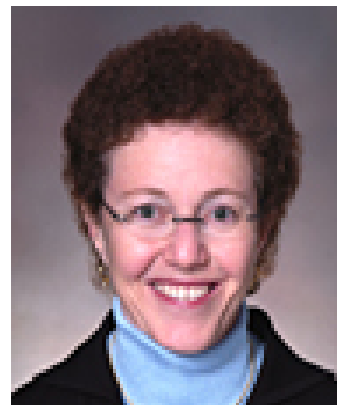
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Overview of the Presentation

- About the Report Card
- Looking Back: 2000-2010
- Key Findings from 2010
- Moving Forward
 - Patient Protection and Affordable Care Act
 - Healthy People 2020 and other Initiatives

POLLING QUESTION

Please tell us a little bit about yourself. Pick the answer that best describes you:

- National or State Advocate
- Government Official/Staff
- Health Researcher
- Health Care Provider or Administrator
- Interested Individual
- Other

About the Report Card

- Presents a comprehensive and integrated list of women's health concerns
- Grades and ranks the nation and states on **26** health status indicators for women
 - Goals primarily set using *Healthy People 2010* Objectives
- Evaluates strength of **68** policy indicators related to women's health

Holder for ‘Share Slide’ that will open website and show examples of status and policy indicators

Ten-Year National Review

Health Status Indicators	2000	2010
<i>Progress</i>		
Smoking (%)	20.8	16.8
Colorectal Cancer Screenings (%)	37.7	61.8
Coronary Heart Disease Death (per 100,000)	148.1	118.9
<i>Decline</i>		
Pap Smears (%)	84.9	78
Obese (%)	19.8	26.4
High Blood Pressure (%)	23.6	27.7
Binge Drinking (%)	6.7	10.6

Progress Since 2000: Common Factors

- Federal policies and resources
- State policy change
- Public education and awareness

States Meeting Anti-smoking Policy Goals, 2000-2010

Policy Goal	2000	2010
Medicaid coverage of smoking cessation treatment	6	31
Sales rate of tobacco products to minors	3	22
Excise tax on cigarettes	3	30

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2010 Key Findings

National Performance: Health Status

- **National Grade: Unsatisfactory**
- **3** benchmarks met:
 - Women receiving mammograms
 - Colorectal screenings
 - Annual dental visits
- **23** benchmarks missed

POLLING QUESTION

Which health status benchmark was met by all the states and DC?

- High blood pressure
- Colorectal cancer screenings
- Infant mortality rate
- Mammograms
- Physical activity

State Performance: Health Status

Status Indicators <u>Met</u> by All States	Status Indicators <u>Missed</u> by All States
Annual Dental Visits Colorectal Cancer Screenings	Health Insurance Poverty Obesity Wage Gap Pap Smears Eating Five Fruits and Vegetables a Day High Blood Pressure Diabetes Infant Mortality Chlamydia Life Expectancy

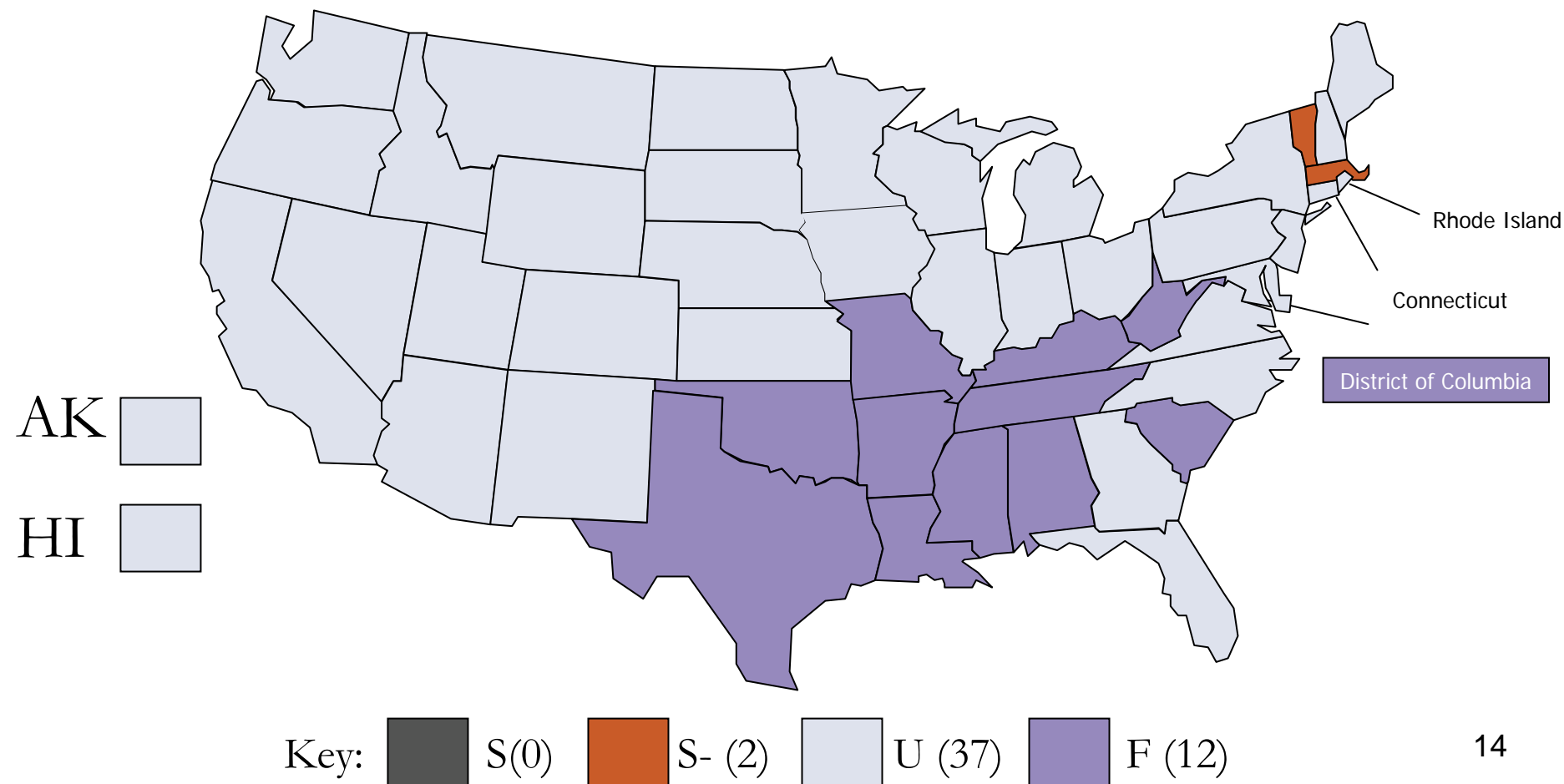


Health Status Varies by State

- *Top-Ranked:* Vermont, Massachusetts, Hawaii
- *Bottom-Ranked:* Mississippi, Louisiana, Arkansas

Status Indicator	Best	Worst
Coronary Heart Disease Death Rate (per 100,000 women)	60.9 (HI)	174.8 (DC)
Obesity (%)	19.4 (CO)	36.8 (MS)
Diabetes (%)	5 (AK)	12.9 (WV)

2010 Overall State Grades





State Performance: Policies to Improve Women's Health

- *Leading:* California, New Jersey, Massachusetts
- *Last:* Mississippi, Idaho, South Dakota

Policy Goals Met by <u>All</u> States	Policy Goals Met by <u>Very Few</u> States
Medicaid Coverage for Breast and Cervical Cancer Treatment	Abortion Clinic Access Protected (no states)
Nutrition Education for Food Stamp Recipients	Gender Rating in All Group Health Insurance (1 state)

Moving Forward: Patient Protection and Affordable Care Act

The Promise of the Affordable Care Act

ACA addresses **two-thirds** of the *Report Card's* 68 health policies

Fully Addressed	Partially Addressed	Not Addressed
<ul style="list-style-type: none"> • Medicaid eligibility • Medicaid asset test • Insurance regulation (individual market) • Mental health parity • Patient protections in managed care • Preventive screening coverage 	<ul style="list-style-type: none"> • Contraceptive coverage • Medicaid Family Planning waiver • Diabetes-related services • Medicaid smoking cessation coverage • Sex education • Discrimination against domestic violence survivors 	<ul style="list-style-type: none"> • Pharmacy refusals • Reproductive health clinic access • Public funding for abortion • Family and medical leave • Minimum wage • Gun control (licensing, safe storage, concealed carry)



Coverage Expansions

Primary Ways the ACA Expands Coverage:

- Medicaid
- New “Health Insurance Exchanges” and federal subsidies

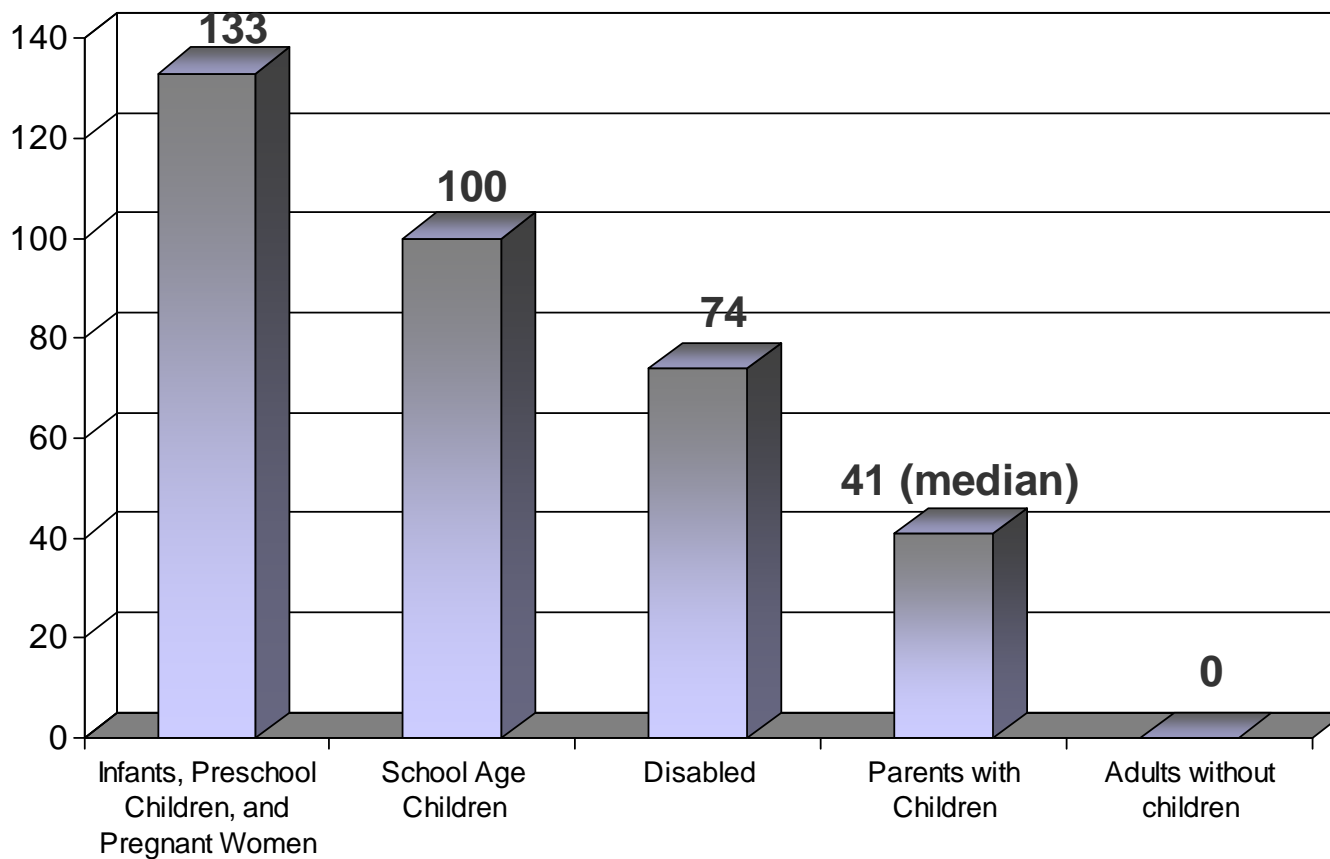
HRC Policy Goal: Cover working parents with incomes at or above 200% of the 2009 FPL

- Medicaid expansion to all people with incomes up to 133% of the FPL
- Those with incomes between 133% and 400% of poverty eligible for subsidies to purchase private coverage in new “Health Insurance Exchanges”

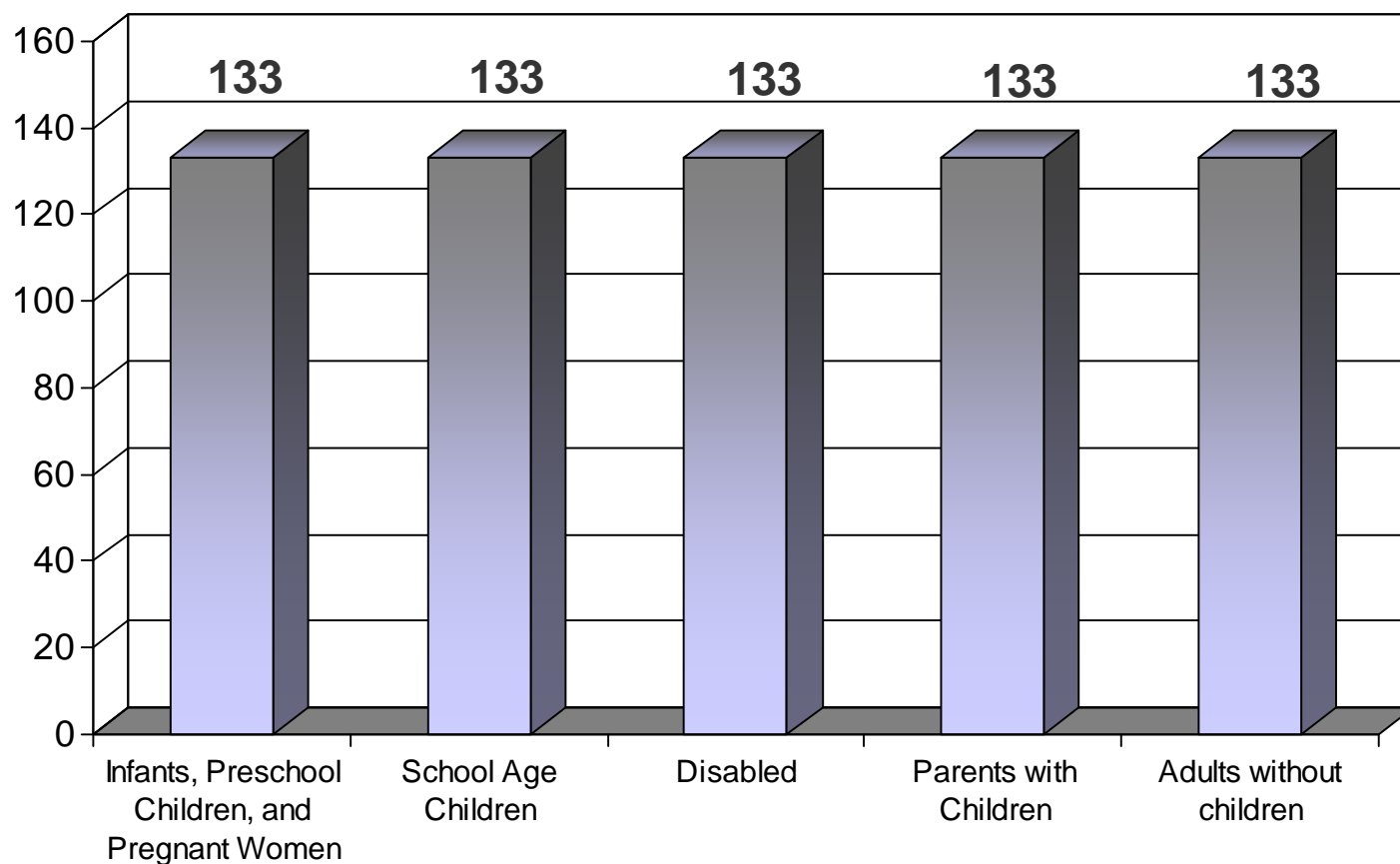
HRC Policy Goal: Eliminate the asset test for parents in Medicaid

- Eliminates asset testing for almost all Medicaid applicants by 2014

Current Medicaid Coverage



2014 Medicaid Coverage





Health Insurance Reforms

The ACA bans practices that made health insurance inaccessible for many women.

HRC Policy Goal: Guarantee the accessibility of individual health plans

- Insurers must “guarantee issue” to all who apply and cannot use pre-existing condition exclusions

HRC Policy Goal: Prohibit private insurance companies from considering gender when determining health insurance premiums for individuals and groups of all sizes

- Insurers are prohibited from charging individuals and small groups more based on gender

Coverage for Specific Health Services

The ACA Requires Coverage for Many Important Health Services for Women.

HRC Policy Goal: Require private insurance companies to provide coverage for maternity care

- Small group and individual health plans must cover a set of “essential health benefits” e.g. maternity care, mental health care, prescription drugs (among others)

HRC Policy Goal: Require private insurers to cover annual Pap smears/Chlamydia screening/mammograms/bone density tests

- New health plans must cover recommended preventive services with no copayments or deductibles



Access to Reproductive Health Services

The ACA expands access to several reproductive health services for women, but imposes unnecessary requirements on abortion coverage.

HRC Policy Goal: Allow private insurers to cover abortion services without restrictions

- Private Exchange-based insurance plans may cover abortion but then must collect 2 payments from enrollees and segregate a portion of premiums

HRC Policy Goal: Expand coverage for family planning services through Medicaid

- States have the flexibility to expand family planning services without having to obtain a federal waiver



Other Improvements in the ACA

The ACA includes many other provisions that will improve the health and well-being of women and their families.

HRC Policy Goal: Protect against impoverishment for “community” spouses of nursing home residents under Medicaid

- States must extend spousal impoverishment protections to spouses of Medicaid home and community-based long-term care services

HRC Policy Goal: Provide adequate funding for tobacco prevention activities

- Funding for disease prevention/health promotion in areas of smoking cessation, proper nutrition, regular exercise, obesity reduction

Healthy People 2020

- Newly released (www.healthypeople.gov)
- New framework
 - Emphasis on social determinants of health
 - Life course view of health promotion/disease prevention
- New topic areas/objectives (examples)
 - LGBT health
 - Adolescent health
 - Older adults
- New targets for 2020



Other Initiatives in Women's Health

- HHS Coordinating Committee on Women's Health
 - Multi-phase initiative concluding with *Summit for Action: the Health of Women and Girls Beyond 2010*
- NIH Office on Research in Women's Health
 - *Moving into the Future with New Dimensions and Strategies: A Vision for 2020 for Women's Health Research* (strategic plan)
- HRSA Maternal and Child Health Bureau
 - Exploring outcome measures for women's health
- Institute of Medicine
 - *Women's Health Research: Progress, Pitfalls, and Promise* (report)

SURVEY QUESTION

(answers will not be displayed to participants)

After this webinar, I feel that my knowledge of the state of women's health in the U.S.:

- Improved greatly
- Improved somewhat
- Improved very little
- I don't feel I learned very much new at all

THANKS!

Please check out the entire
2010 *Women's Health Report Card* at:

<http://hrc.nwlc.org>