Q: Hi. I understand that under the health care law, new health plans must provide coverage for all FDA-approved birth control without additional costs, like co-pays or deductibles. I am trying to confirm that my plan is providing this coverage. Can you tell me if it is, or whether the health care law hasn't kicked in for my plan and it is still grandfathered under the law? YES. (Health care law has kicked in and NO. (Health care law has NOT kicked in and **How to Find Out What Your Health Plan Covers:** plan is NOT grandfathered) does not yet have to provide coverage. **Script for Calling Your Health Insurance Plan**

being charged for my birth control? Your plan is not required to

Q: Do you know why the plan is not following this requirement?

Some plans don't have to comply with the requirement (self-funded student health plans, and some religiously affiliated employers).



Your plan doesn't have to cover your specific birth control.

Q: That means the plan should be providing coverage for birth control without additional costs. Why am I still

> Q: Where should I send an appeal letter about my birth control coverage?

Q: Do you know if the plan will still be providing birth control without additional costs?

Q: 1) Is it possible to find out if a specific birth control pill will be covered without a co-pay? Can I see the formulary to know if prescriptions I use will be covered?

2) Can you tell me if all costs associated with the placement of an IUD are covered without co-pays. including doctor visits and the cost of the procedure?